



FOR IMMEDIATE RELEASE

GLOBAL MEDICAL REIT INC. ANNOUNCES FIRST QUARTER 2019 FINANCIAL RESULTS

Bethesda, MD — May 8, 2019 — Global Medical REIT Inc. (NYSE: GMRE) (the “Company” or “GMRE”), a net-lease medical office real estate investment trust (REIT) that acquires purpose-built healthcare facilities and leases those facilities to strong healthcare systems and groups with leading market share, announced today its financial results for the quarter ended March 31, 2019 by posting its First Quarter 2019 Earnings Results and Operating Information Package to the “Investor Relations” page of its website at <http://investors.globalmedicalreit.com/>.

The Company intends to hold a live conference call to discuss those results on Thursday, May 9, 2019 at 9:00 a.m. Eastern Time.

Conference Call Details

Participant Dial-In Numbers:

Domestic callers: 877-407-3948 / International callers: 201-389-0865

Access by Webcast

The call will also be simultaneously webcast over the Internet via the “Investor Relations” section of the Company’s website at <http://investors.globalmedicalreit.com/> or by clicking on the conference call link: <https://78449.themediaframe.com/dataconf/productusers/gmre/mediaframe/30077/index1.html>

An audio replay of the call will be archived on the Company’s website.

About Global Medical REIT Inc.

Global Medical REIT Inc. is net-lease medical office REIT that acquires purpose-built healthcare facilities and leases those facilities to strong healthcare systems and groups with leading market share. GMRE’s real estate portfolio is comprised of 87 buildings, which are primarily leased on a triple-net basis and contains over 2.1 million net leasable square feet. These assets are concentrated in secondary and tertiary markets across the United States. The Company’s management team has significant healthcare, real estate and REIT experience and has long-established relationships with a wide range of healthcare providers.

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