Form 144 Filer Information

FORM 144

144: Filer Information

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

| Filer CIK | 0001459411 |
|--|---|
| Filer CCC | xxxxxxx |
| Is this a LIVE or TEST Filing? | ■ LIVE TEST |
| Submission Contact Information | |
| Name | |
| Phone | |
| E-Mail Address | |
| 144: Issuer Information | |
| Name of Issuer | Global Medical REIT Inc. |
| SEC File Number | 001-37815 |
| Address of Issuer | 7373 WISCONSIN AVENUE SUITE 800 BETHESDA MARYLAND 20814 |
| Phone | 202-524-6851 |
| Name of Person for Whose Account the Securities are To Be Sold | MOORE ROSCOE M JR |
| See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice. | |
| Relationship to Issuer | Director |
| 144: Securities Information | |
| Title of the Class of Securities To Be Sold | Common |
| Name and Address of the Broker | Wilson Davis & Co 236 So. Main Str. Salt Lake City UT 84101 |
| Number of Shares or Other Units To Be Sold | 7412 |
| Aggregate Market Value | 73971.00 |
| Number of Shares or Other Units Outstanding | 65529718 |
| Approximate Date of Sale | 07/20/2023 |
| Name the Securities Exchange | NYSE |
| | |

any part of the purchase price or other consideration therefor:

144: Securities To Be Sold Title of the Class Common Date you Acquired 05/29/2019 Nature of Acquisition Transaction Payment for being a Director Roscoe M. Moore Name of Person from Whom Acquired Is this a Gift? Date Donor Acquired Amount of Securities Acquired 7412 Date of Payment 05/26/2021 Nature of Payment Services as a director

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

Nothing to Report 144: Remarks and Signature Remarks Date of Notice Date of Plan Adoption or Giving of Instruction, If Relying on Rule 10b5-1 Nothing The Past 3 Months 07/27/2023 05/29/2019

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature Roscoe Moore

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)