

FORM 4**UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934
or Section 30(h) of the Investment Company Act of 1940

☐ Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

☐ Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

| | | |
|--|--|---|
| 1. Name and Address of Reporting Person * <u>Barber Jamie Allen</u> <hr/> (Last) (First) (Middle) <u>7373 WISCONSIN AVENUE, SUITE 800</u> <hr/> (Street) <u>BETHESDA MD 20814</u> <hr/> (City) (State) (Zip) | 2. Issuer Name and Ticker or Trading Symbol <u>Global Medical REIT Inc. [GMRE]</u> <hr/> 3. Date of Earliest Transaction (Month/Day/Year) <u>08/07/2025</u> <hr/> 4. If Amendment, Date of Original Filed (Month/Day/Year) | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title below) Other (specify below) <u>General Counsel and Secretary</u> <hr/> 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person |
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Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
|---------------------------------|--------------------------------------|--|--------------------------------|---|---|--|---|
| | | | | | | | |
| Common Stock | 08/07/2025 | | M ⁽¹⁾ | 130,000 | A | (1) | 130,000 |

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4) | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |
|--|--|--------------------------------------|--|--------------------------------|--|--|---|--|--|---|--|
| | | | | | | | | | | | |
| LTIP Unit ⁽²⁾ | (3) | 08/07/2025 | | M ⁽¹⁾ | 130,000 | (3) (2)(3) | Common Stock | \$0 ⁽¹⁾ | 149,573 | D | |
| OP Unit | (4) | 08/07/2025 | | M ⁽¹⁾ | 130,000 | (4) (4) | Common Stock | \$0 ⁽¹⁾⁽⁴⁾ | 130,000 | D | |
| OP Unit | (4) | 08/07/2025 | | M ⁽¹⁾ | 130,000 | (4) (4) | Common Stock | \$0 ⁽¹⁾⁽⁴⁾ | 0 | D | |

Explanation of Responses:

- 130,000 of the reporting person's long-term incentive plan units ("LTIP Units") in Global Medical REIT L.P. (the "OP"), the operating partnership of Global Medical REIT Inc. (the "Issuer"), were converted into common units of limited partnership interest ("OP Units") in the OP by the reporting person and the OP Units were redeemed for an equal number of shares of the Issuer's Common Stock in accordance with the OP's partnership agreement.
- Represents LTIP Units in the OP. The LTIP Units were issued pursuant to the Issuer's 2016 Equity Incentive Plan (as amended from time to time) and have no expiration date.
- As described in the OP's partnership agreement, vested LTIP Units that have achieved capital account parity may be exchanged at any time after vesting for an equivalent number of OP Units. OP Units may be redeemed for cash or, at the election of the Issuer, for shares of Common Stock of the Issuer on a one-for-one basis. LTIP Units have no expiration date.
- Represents OP Units in the OP. Each OP Unit may be redeemed for cash or, at the election of the Issuer, for shares of Common Stock of the Issuer on a one-for-one basis. OP Units have no expiration date.

/s/ Jamie Barber08/08/2025

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.