## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO	VAL
OMB Number:	3235-0287
Estimated average but	urden
hours per response	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Time of Ty	pe Response	3)													
1. Name and Address of Reporting Person* Marston Ronald			2. Issuer Name and Ticker or Trading Symbol Global Medical REIT Inc. [GMRE]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_Director 10% Owner						
(Last) (First) (Middle) 2 BETHESDA METRO CENTER, SUITE 440			~~~~~	3. Date of Earliest Transaction (Month/Day/Year) 05/29/2019						Officer (g	ive title below)	Ot	her (specify below	v)	
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
BETHES	SDA, MD	20814									. I offin fried o	y wore than on	ic Reporting Fers	on	
(City	<i>i</i> )	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1.Title of S (Instr. 3)	ecurity		2. Transaction Date (Month/Day/Year)	2A. Deem Execution any (Month/Da	Date,	if Co		(A)	Securities Ad ) or Disposed str. 3, 4 and	1 of (D) Ow 5) Tra (In		wing Reports)		Ownership Form: Direct (D) or Indirect	f. Nature of Indirect Beneficial Ownership Instr. 4)
							Code	V An	nount (A) o					(I) (Instr. 4)	
Reminder:	Report on a s	separate line for each	h class of securities	s beneficial	ly owr	ned dii	rectly	Persons containe	who respond	ond to the orm are no rrently vali	t require	d to respo	nd unless t		474 (9-02)
1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Table II -	Derivative (e.g., puts, 4. Transact Code	Secur calls, 5. tion of D ) So A	rities A warra . Num f Derivat ecuriti acquire A) or	Acquints, of the live lies and lies and live lies and li	Persons containe form dis	who respond in this for plays a cure sed of, or Betweetible securisable ion Date	orm are no rrently vali	t required d OMB commed	8. Price of	9. Number of Derivative Securities Beneficially Owned Following	of 10. Ownershi Form of Derivativ Security: Direct (D	11. Natur p of Indire Beneficia Ownersh (Instr. 4)
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#### **Reporting Owners**

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Marston Ronald 2 BETHESDA METRO CENTER, SUITE 440 BETHESDA, MD 20814	X					

### **Signatures**

/s/ Ronald Marston	05/31/2019
**Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents units of limited partnership ("LTIP Units") in Global Medical REIT L.P. (the "OP"), the operating partnership of the Issuer.

- (2) As described in the OP's partnership agreement, vested LTIP Units may be exchanged at any time after vesting for cash or, at the option of the Issuer, for shares of the Issuer's common stock on a one-for-one basis. LTIP Units have no expiration date.
- (3) LTIP Units vest on May 29, 2020, subject to the Reporting Person's continued service as a director until such date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.