FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	S)																		
Name and Address of Reporting Person* Zhang Jing Guo					2. Issuer Name and Ticker or Trading Symbol Global Medical REIT Inc. [GMRE]							5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director X 10% Owner							
(Last) (First) (Middle) 24/F WYNDHAM PLACE, 40-44 WYNDHAM STREET						3. Date of Earliest Transaction (Month/Day/Year) 07/01/2016								Office	r (give title belo	ow)	Other (specif	y below)	<u>()</u>	
(Street) CENTRAL HONG KONG, CO SAR PRC					4. If	4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) X_Form filed by One Reporting PersonForm filed by More than One Reporting Person						
(City) (State) (Zip)						Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned														
(Instr. 3) Date (Month/Day/Year) an			Execution any	xecution Date, if		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			d (A)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		Ownership Form: Direct (D)	p of I Ber Ow	Beneficial Ownership				
							Code	7	V	Amount		A) or D)	Price				or Indirect (Ir (I) (Instr. 4)		str. 4)	
Common shares, \$0.001 par value per share 07/01/2016			2016				P			1,179,01 (1)	19 A	\$ 12	2.748	2,604,	2,604,500		I	ow by US	rectly med ZH SA,	
Reminder: I	Report on a s	separate line	for each		- Deriv	ative Sec	curi	ties Acc	quire	Pe co the	ersons whontained in e form dis	no re n thi splay	is forr ys a c r Bene	n are curren	not requ tly valid	OMB conf	formation spond unle trol numbe	ess	C 1474	4 (9-02)
Derivative Conversion Da		Date	3. Transaction 3A. Deemed		d Date, if	4. Transaction Code (Instr. 8)		5. Number of an of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. an (M	ions, convertible securi 6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration		7. Tit Amo Unde Secur (Instr 4)	8. Price of Derivative Security (Instr. 5) Amount or Number		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owne Form Derive Securi Direct or Ind	of ative ty: (D) irect	Beneficia Ownershi (Instr. 4)	
						Code	V	(A)	(D)	E	xercisable	Date	,		of Shares					

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director 10% Owner O		Officer	Other			
Zhang Jing Guo 24/F WYNDHAM PLACE 40-44 WYNDHAM STREET CENTRAL HONG KONG, CO SAR PRC	X	X					

Signatures

Zhang Jingguo	07/06/2016

**Signature of Reporting Person	Date			

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares issued upon conversion of convertible debentures of \$15,030,124.
- (2) Zhang Jingguo is the Managing Director of ZH International Holdings, Ltd., the owner of ZH USA, LLC, which is the direct holder of these securities.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.