## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Address of																			
1. Name and Address of Reporting Person* ZH USA, LLC					2. Issuer Name <b>and</b> Ticker or Trading Symbol Global Medical REIT Inc. [GMRE]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)DirectorX10% Owner							
(Last) (First) (Middle) 24/F WYNDHAM PLACE, 40-44 WYNDHAM STREET					3. Date of Earliest Transaction (Month/Day/Year) 06/20/2019							Off	cer (give title bel	ow)	Other (sp	ecify belo	ow)		
(Street) HONG KONG, K3 00000			4. If	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line)  _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person									
	(State)		(Zip)			Ta	able I	- Non	-De	rivative S	Secu	ırities .	Acqu	ired, Dis	posed of, or	Beneficially	Owned	l	
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Yea		Execut any	cution Date, if	e, if	Code (Instr. 8)						Benefi Report	icially Owned Following ted Transaction(s)		Form:	ship o	Beneficial	
				(Month/Day/Year		ear)	Coo	de	V	Amour	nt	(A) or (D)	Price	Ì	3 and 4)	and 4)		rect (	ownership instr. 4)
Common Stock 06/20/2019					J			3,715,611		1 D	<u>(1)</u>	0			D				
			Table II -					quire	the d, E	form dis	spla of, o	nys a c or Bene	curre eficial	ntly val	d OMB con				
2. Conversion or Exercise Price of Derivative Security	Date	/Year)	Execution D any	ate, if	4. Transact Code (Instr. 8)	)	5. Numb of Deriv Secur Acqui (A) or Dispo of (D) (Instr 4, and	per ative ities ired resed ) . 3, 15)	6. I and (Mo	Date Exer I Expiration onth/Day/	cisal on D /Yea	ble Date ur)	7. T Ame Und Seco (Ins 4)	Amous of Number	Derivative Security (Instr. 5)	Derivative Securities Beneficiall Owned Following Reported	Ow For De Sec Dir or I	nership m of rivative curity: rect (D) Indirect	Beneficia Ownershi (Instr. 4)
	ONG, K3  Curity  Stock  eport on a s  Conversion or Exercise Price of Derivative	NDHAM PLACE, 4 AM STREET (Street)  ONG, K3 00000 (State)  Curity  Stock  eport on a separate line in the state of Date (Month/Day)  One of Exercise Price of Derivative	NDHAM PLACE, 40-44 AM STREET  (Street)  ONG, K3 00000  (State)  Curity  2. Trandate (Month)  Stock  06/20  2. Conversion of Exercise Price of Derivative  (Month/Day/Year)	NDHAM PLACE, 40-44 AM STREET  (Street)  ONG, K3 00000  (State)  2. Transaction Date (Month/Day/Year)  Stock  06/20/2019  eport on a separate line for each class of security  Table II -  Conversion or Exercise Price of Derivative  One of Exercise Price of Derivative  Street  (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)	NDHAM PLACE, 40-44 AM STREET  (Street)  2. Transaction Date (Month/Day/Year)  Stock  2. Transaction Date (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  3. 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Transaction Date (Instr. 8)  (Month/Day/Year)  Stock  06/20/2019  2. Transaction Date, if (Instr. 8)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  Persons who resport on a separate line for each class of securities beneficially owned directly or indirectly.  Persons who resport contained in this for the form displays a defendence of Conversion Date (Month/Day/Year)  2. Table II - Derivative Securities Acquired, Disposed of, or Bene (e.g., puts, calls, warrants, options, convertible security (Month/Day/Year)  A Stock  2. Table II - Derivative Securities Acquired, Disposed of, or Bene (e.g., puts, calls, warrants, options, convertible security Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)  Date Exercisable Expiration Date (Month/Day/Year)  Date Exercisable Date Expiration Date (Exercisable Date)	NDHAM PLACE, 40-44 AM STREET  (Street)  Obyside (Strate)  2. Transaction Date (Month/Day/Year)  (Month/Day/Year)  2. 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### **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
ZH USA, LLC 24/F WYNDHAM PLACE 40-44 WYNDHAM STREET HONG KONG, K3 00000		X					

### **Signatures**

Zhang Jingguo	06/21/2019
**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On June 20, 2019, ZH USA, LLC, assigned 3,715,611 of the Issuer's common shares (which represented all of the Reporting Persons's interest in the Issuer's common shares) to its parent company, ZH International Holdings, Ltd.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.