

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

PURSUANT TO SECTION 13 OR 15(D) OF THE  
SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of earliest event reported): May 28, 2025 (May 28, 2025)

Global Medical REIT Inc.

(Exact name of registrant as specified in its charter)

Maryland  
(State or Other Jurisdiction  
of Incorporation)

001-37815  
(Commission  
File Number)

46-4757266  
(I.R.S. Employer  
Identification No.)

7373 Wisconsin Avenue, Suite 800  
Bethesda, MD  
20814

(Address of Principal Executive Offices)  
(Zip Code)

(202) 524-6851  
(Registrant's Telephone Number, Including Area Code)

Not Applicable  
(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- ☐ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- ☐ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- ☐ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- ☐ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

Title of each class:	Trading Symbols:	Name of each exchange on which registered:
Common Stock, par value \$0.001 per share	GMRE	NYSE
Series A Preferred Stock, par value \$0.001 per share	GMRE PrA	NYSE

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (17 CFR §230.405) or Rule 12b-2 of the Securities Exchange Act of 1934 (17 CFR §240.12b-2).

Emerging growth company ☐

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. ☐

**Item 7.01 Regulation FD Disclosure.**

On May 28, 2025, Global Medical REIT Inc. (the “Company”) updated a presentation concerning the Company on its website, [www.globalmedicalreit.com](http://www.globalmedicalreit.com), on the “Investor Relations” page. A copy of the investor presentation is furnished as Exhibit 99.1 to this Current Report on Form 8-K and is incorporated herein solely for purposes of this Item 7.01 disclosure. Such investor presentation shall not be deemed “filed” for any purpose, including for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the “Exchange Act”), or otherwise subject to the liabilities of that Section. The information in this Item 7.01, as well as Exhibit 99.1, shall not be deemed incorporated by reference into any filing under the Securities Act of 1933, as amended, or the Exchange Act regardless of any general incorporation language in such filing.

**Item 8.01 Other Events.**

On May 28, 2025, the Company issued a press release announcing that its Board of Directors has declared a reduced quarterly cash dividend on the Company’s common stock of \$0.15 per share. The dividend is payable on July 9, 2025 to common stockholders of record as of June 20, 2025.

A copy of the press release is filed herewith as Exhibit 99.2 to this Current Report on Form 8-K and the information related to the dividend is incorporated herein by reference.

**Item 9.01 Financial Statements and Exhibits.**

(d) Exhibits

Exhibit No.	Description
<a href="#"><u>99.1</u></a>	<a href="#"><u>Investor Presentation dated May 28, 2025.</u></a>
<a href="#"><u>99.2</u></a>	<a href="#"><u>Press Release dated May 28, 2025.</u></a>
104	Cover Page Interactive Data File (embedded within the Inline XBRL document)

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**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

**Global Medical REIT Inc.**

By: /s/ Jamie A. Barber  
Jamie A. Barber  
Secretary and General Counsel

Date: May 28, 2025

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# Investor Presentation

May 2025



# MISSION STATEMENT AND STRATEGY



Our primary mission is to attain earnings growth with a well covered dividend by maximizing the investment spread in our healthcare real estate assets.

Our strategies to achieve this mission are as follows:

- **Asset Type** - primarily invest in off-campus, out-patient medical facilities, and post-acute, in-patient medical facilities;
- **Asset Yield** - acquire properties with attractive capitalization rates;
- **Tenants** – acquire properties that are tenanted by profitable national or regional healthcare systems or physician groups; and
- **Management** – utilize our experienced management team to operate our company and portfolio to maximize returns to investors.

# DIVIDEND OVERVIEW



On May 28, 2025 the Board of Directors reduced the Company's quarterly common stock dividend from \$0.21 per share to \$0.15 per share. We believe the reduction to the dividend best positions the Company for future growth, strengthens the balance sheet, and provides investors with an attractively yielding, well-covered dividend.

- **Positions for Future Growth** – The reduction of the dividend provides balance sheet flexibility to optimize growth opportunities, both internal and external.
- **Strengthens Balance Sheet**– Reduction to dividend generates additional free cash flow that allows for organic reduction of leverage and improved cost of capital.
  - Over \$17 million annually of estimated retained cash flow\*.
- **Well Covered Dividend** – Common dividend and estimated future capital expenditures are projected to be fully funded through expected operating cash flows.

\*Assumes a \$0.60 annual dividend rate per share on approximately 72.5 million shares of common stock and operating partnership units outstanding as of March 31, 2025.

# BUSINESS UPDATE\*



- ***YTD 2025 Investment Activity:***

- \$69.6 million of total acquisitions, consisting of 5 properties with 486,598 leasable square feet, at a 9.0% weighted average capitalization rate.
- Sold two medical facilities, receiving aggregate gross proceeds of \$8.2 million, resulting in an aggregate gain of \$1.4 million.

- ***2024 Investment Activity:***

- \$80.3 million of total acquisitions, consisting of 15 properties with 254,220 leasable square feet, at an 8.0% weighted average capitalization rate.
- Completed seven dispositions, including two properties sold to the Company's joint venture with Heitman, generating aggregate gross proceeds of \$60.7 million, resulting in an aggregate gain on sale of \$4.2 million.

- ***Beaumont, TX Facility:***

- Rent commenced on a new, 15-year, triple-net lease with an affiliate of CHRISTUS Health with \$2.9 million of annual base rent for the first lease year and 2.5% annual rent increases thereafter, replacing Steward Health Care who filed for bankruptcy in May 2024 and rejected its lease at this facility.

\*As of May 27, 2025, unless otherwise stated.

# 2025 ACQUISITION CASE STUDY

Asset Type	Five (5) Medical Outpatient Buildings ("MOBs")
Gross Leasable Area	486,598 square feet
Primary Locations	Des Moines, IA and Tucson, AZ
Occupancy	94% (65% credit rated health system tenancy)
Year 1 Est. NOI (psf)	\$6.3 million (\$13.00)
W.A. Lease Term	4.0 yrs (at acquisition)
Purchase Price (psf)	\$69.6 million (\$143)
Cap Rate (Yr. 1)	9.1%
Closing Dates	Feb. 2025 (Tranche I) & Apr. 2025 (Tranche II)

## Transaction Highlights

- Transaction sourced through relationships. Acquired from original developer. Pre-existing relationship with Trinity / Mercy One facilitated required buyer approval under ground leases.
- Recent leasing covers nearly \$3 million in rent with 99% retention across 2024–2025 expirations; no GMRE TI/LC obligations for these extensions.
- Acquisition markets show strong demand, below-market rents, and \$16M+ tenant investments supporting long-term retention.
- Deepens relationships with Trinity / Mercy One (47% of portfolio base rent) and Tenet (13%), both existing GMRE tenants.



## Health System Anchor Tenants

- Trinity Health (Moody's AA-) is one of the largest U.S. health systems, operating 88 hospitals and 135 continuing care sites across 26 states, including MercyOne's regional network serving Iowa and nearby markets. In FY 2024, Trinity reported \$23.9B in operating revenue, up 10.5% YoY, with \$66M in operating income.
- Tenet Health (Moody's B+) is a publicly traded, for-profit health system operating 61 acute care hospitals and >500 ambulatory surgery centers and outpatient facilities nationwide. In FY 2024, Tenet reported net operating revenues of \$20.7 billion. Tenet's adjusted EBITDA for the year was \$4.0 billion, reflecting an adj. EBITDA margin of 19.3%.

# CHRISTUS CASE STUDY

Asset Type	Surgical Hospital
Gross Leasable Area	84,674 square feet
Location	Beaumont, TX
Total Beds / ORs	17 beds / 5 ORs
Year Built	2011, Renovated 2013, new TI 2024
Rent (psf): Old / New	\$2.7 million (\$32.18) / \$2.9 million (\$34.00)
Lease Term Old / New	6 yrs (at acquisition) / 15 yrs
Purchase Price (psf) / Date	\$33.6 million (\$397) / September 2019
Effective Yield – Old / New Lease	8.0% (Steward lease) / 8.6% (Christus lease)

## Investment Rationale

- Build-to-suit physician-owned specialty hospital. IASIS acquired OpCo in 2015 and Steward acquired IASIS in 2017.
- Recent construction, modern design, purpose-built facility.
- Located in a high-growth, medically competitive corridor with strong long-term demographic tailwinds.
- Strategic real estate positioned for regional expansion by major providers; multiple potential tenants validated location quality.
- Mission-critical facility with infrastructure and scale suitable for surgical, outpatient, and specialty services.



Christus Health – Beaumont, TX

## Successfully Repositioned

- Steward Health Care closed the facility in Feb 2024 and filed for bankruptcy in May 2024. GMRE invested over \$1M to maintain asset quality, with coordinated efforts across leasing, legal, and facilities teams to market the property and secure a new lease.
- Strong operator interest among health systems and physician specialty groups from submarket and Houston.
- New tenant Christus Health (S&P A), stronger, market-leading operator among interested parties; Worked closely with Christus during bankruptcy process to ensure transition.
- Lease executed – Sept 2024, began partial occupancy Jan 2025; 15-year term. Full rent commencement in late April 2025.

# A STRATEGY THAT DELIVERS VALUE



**\$0.4B**  
Market Cap\*



**7.9%**

Weighted Average  
Cap Rate



**\$1.5B**

Investments in Real  
Estate Gross

**\$113.4M**

Annualized Base  
Rent\*\*



**9.4%**

Dividend Yield\*

Atrium Health – Winston-Salem, NC

\*Based on closing price of the Company's common stock of \$6.36 on May 27, 2025. Dividend yield assumes a \$0.60 annual dividend rate per share. All other data as of March 31, 2025.

\*\*See page 18 for disclosures regarding the Company's Annualized Base Rent (ABR).

# HIGH PERFORMING REAL ESTATE AT THE FOREFRONT OF HEALTHCARE



# 4.9M

Net Leasable Area (SF)

**191**  
BUILDINGS

**297**  
TENANTS

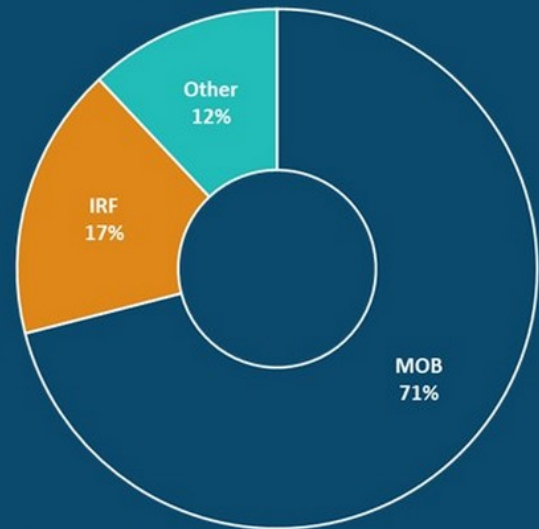
**95.6%**  
OCCUPANCY

**4.4X**  
RENT COVERAGE\*

**2.2%**  
WEIGHTED AVERAGE  
RENT ESCALATIONS

**5.6**  
WEIGHTED AVERAGE  
LEASE TERM

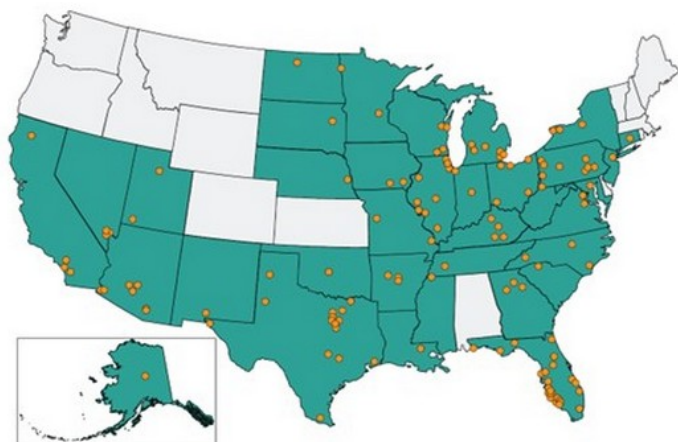
BUILDING TYPE BY ABR\*



(as of March 31, 2025)

\*See page 18 for disclosures regarding the Company's rent coverage calculation and Annualized Base Rent (ABR).

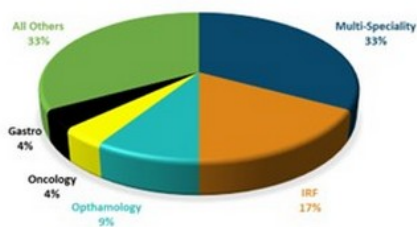
# DIVERSIFIED ACROSS GEOGRAPHY, SPECIALITY AND PROVIDER TYPE



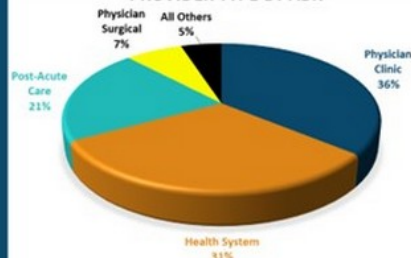
## FOCUSED ON NET LEASE TENANTS

	<u>% of ABR*</u>
Triple-net	55%
Absolute-net	36%
Modified gross	5%
Gross	4%
<b>Total</b>	<b>100%</b>

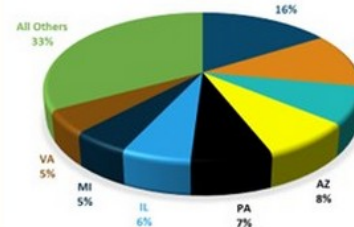
SPECIALTY BY ABR\*



PROVIDER TYPE BY ABR\*



LOCATION BY ABR\*



\*See page 18 for disclosures regarding the Company's Annualized Base Rent (ABR). All data as of March 31, 2025.

# STRONG, DIVERSE HEALTHCARE TENANT BASE

## NOT-FOR-PROFIT HEALTH SYSTEMS AFFILIATIONS



## DOMINANT LOCAL PHYSICIAN GROUPS



## POST-ACUTE CARE PROVIDERS, SURGICAL OPERATOR PARTNERSHIPS, AND HEALTHCARE CORPORATES



# INVESTING IN THE FUTURE OF HEALTHCARE

Mission Health – Livonia, MI



Southlake Heart & Vascular Institute  
Clermont, FL



Encompass – Mesa, AZ



Legent Hospital for Special Surgery – Plano, TX



# A DISTINCT APPROACH

## DISCIPLINED MARKET SELECTION



- Bedroom communities
- Secondary markets with favorable demand drivers
- Positioned to benefit from decentralization trends

## STRINGENT UNDERWRITING AND DUE DILIGENCE



- Uncover high retention/patient-centric acquisition opportunities
- Sustainable cash flows
- Attractive lease coverage ratios

## RIGOROUS TENANT AND FACILITY IDENTIFICATION



- Healthcare systems and physician groups with a strong regional footprint
- Essential or mission-critical services
- Off-campus, purpose-built

## RESILIENT FINANCIAL STRUCTURE



- Longer-term leases
- Annual rent escalations

# INVESTING IN THE FUTURE OF HEALTHCARE

As American's choose to age in place, demand for conveniently located healthcare will continue to increase.

**90%**

of Americans age 50 and older want to age in place.<sup>1</sup>

**65%**

of seniors between the ages of 60 and 70 find it "very easy" to live independently.<sup>2</sup>

1) Source: WebMD

2) Source: [aginginplace.org](http://aginginplace.org)

# PREDOMINATELY FIXED-RATE DEBT PROFILE AND ACCESS TO MULTIPLE CAPITAL SOURCES



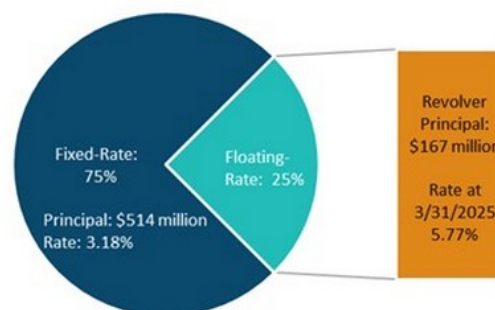
## Debt Statistics As of March 31, 2025

Total Gross Debt:	\$681 million
Fixed Rate Debt-to-Total Debt:	75%
Weighted Average Interest Rate:	3.84%
Weighted Average Maturity:	1.8 years

Liquidity Profile*	
Capital Source	Availability
Unutilized Revolver Capacity	\$190 million

\* As of May 27, 2025.

## Fixed-to-Floating Rate Debt



# INSTITUTIONAL KNOWLEDGE, HANDS-ON APPROACH



**Jeffrey Busch—Chairman, Chief Executive Officer and President**

20+ years of experience in healthcare, real estate development, management and investment

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**Robert Kiernan—Chief Financial Officer and Treasurer**

30+ years of experience in financial accounting, reporting and management, with extensive experience in SEC reporting and SOX compliance

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**Alfonzo Leon—Chief Investment Officer**

20+ years of experience in real estate finance and has completed \$3 billion of transactions

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**Danica Holley—Chief Operating Officer**

20+ years of management and business development experience

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**Jamie Barber—General Counsel and Corporate Secretary**

20+ years of experience with SEC compliance and reporting matters, corporate governance, investment banking and REIT-related capital markets

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# HIGHLY SKILLED AND DIVERSE BOARD



**Jeffrey Busch—Chairman, Chief Executive Officer and President**

20+ years of experience in healthcare, real estate development, management and investment.

**Lori Wittman—Lead Independent Director, Audit Committee Chair, ESG Committee Member**

Decades of experience in senior finance and capital market positions at leading REITs and healthcare real estate development companies.

**Matthew Cypher, PH.D.—Nominating and Corporate Governance Committee Chair, ESG Committee Member, Audit Committee Member**

Professor at Georgetown University's Steers Center for Global Real Estate and previously was a director at Invesco Real Estate.

**Henry Cole—ESG Committee Chair, Compensation Committee Member, Audit Committee Member, Nominating and Corporate Governance Committee Member**

40+ years of successful executive management and implementation of health and medical programs involving innovations in technology, market development and service delivery.

**Paula Crowley—Compensation Committee Chair, Audit Committee Member, Nominating and Corporate Governance Committee Member**

40+ years of real estate experience including co-founding Anchor Health Properties in 1987.

**Ronald Marston—Nominating and Corporate Governance Committee Member, Compensation Committee Member**

40+ years of experience in healthcare and is known as an international authority on healthcare systems and trends.

**Zhang Huiqi—Director**

Serves as non-Executive Director of Xingye Wulian Service Group Co. Ltd, and the supervisor for Henan Hongguang Real Estate Limited and Henan Zensun Corporate Development Group Company Limited.

# FORWARD LOOKING STATEMENTS



Certain statements contained herein may be considered "forward-looking statements" within the meaning of the Private Securities Litigation Reform Act of 1995, and it is the Company's intent that any such statements be protected by the safe harbor created thereby. These forward-looking statements are identified by their use of terms and phrases such as "anticipate," "believe," "could," "estimate," "expect," "intend," "may," "should," "plan," "predict," "project," "will," "continue" and other similar terms and phrases, including references to assumptions and forecasts of future results. Except for historical information, the statements set forth herein including, but not limited to, any statements regarding our earnings, our liquidity, our tenants' ability to pay rent to us, expected financial performance (including future cash flows associated with new tenants or the expansion of current properties), future dividends (including future dividend coverage and payout ratios) or other financial items; any other statements concerning our plans, strategies, objectives and expectations for future operations and future portfolio occupancy rates, our pipeline of acquisition opportunities and expected acquisition activity, including the timing and/or successful completion of any acquisitions and expected rent receipts on these properties, our expected disposition activity, including the timing and/or successful completion of any dispositions and the expected use of proceeds therefrom, and any statements regarding future economic conditions or performance are forward-looking statements. These forward-looking statements are based on our current expectations, estimates and assumptions and are subject to certain risks and uncertainties. Although the Company believes that the expectations, estimates and assumptions reflected in its forward-looking statements are reasonable, actual results could differ materially from those projected or assumed in any of the Company's forward-looking statements. Additional information concerning us and our business, including additional factors that could materially and adversely affect our financial results, include, without limitation, the risks described under Part I, Item 1A - Risk Factors, in our Annual Report on Form 10-K, our Quarterly Reports on Form 10-Q, and in our other filings with the SEC. You are cautioned not to place undue reliance on forward-looking statements. The Company does not intend, and undertakes no obligation, to update any forward-looking statement.

This presentation includes information regarding certain of our tenants, which are not subject to SEC reporting requirements. The information related to our tenants contained in this report was provided to us by such tenants or was derived from publicly available information. We have not independently investigated or verified this information. We have no reason to believe that this information is inaccurate in any material respect, but we cannot provide any assurance of its accuracy. We are providing this data for informational purposes only.

# DISCLOSURES



## **Rent Coverage Ratio and Other Matters**

For purposes of calculating our portfolio weighted-average EBITDARM coverage ratio ("Rent Coverage Ratio"), we excluded credit-rated tenants or their subsidiaries for which financial statements were either not available or not sufficiently detailed. These ratios are based on the latest available information only. Most tenant financial statements are unaudited and we have not independently verified any tenant financial information (audited or unaudited) and, therefore, we cannot assure you that such information is accurate or complete. Certain other tenants (approximately 21% of our portfolio) are excluded from the calculation due to (i) lack of available financial information or (ii) small tenant size. Additionally, included within 21% of non-reporting tenants is Pipeline Healthcare, LLC, which (i) was sold to Heights Healthcare in October 2023 and is being operated under new management and (ii) occupies our only acute care hospital asset, which is not one of our core asset classes. Additionally, our Rent Coverage Ratio adds back physician distributions and compensation. Management believes all adjustments are reasonable and necessary.

## **Annualized Base Rent**

Annualized base rent represents monthly base rent for March 2025 (or, for recent acquisitions, monthly base rent for the month of acquisition), multiplied by 12 (or base rent net of annualized expenses for properties with gross leases). Accordingly, this methodology produces an annualized amount as of a point in time but does not take into account future (i) contractual rental rate increases, (ii) leasing activity or (iii) lease expirations. Additionally, leases that are accounted for on a cash-collected basis, or that are in a free rent period, are not included in annualized base rent.

## **Additional Information**

The information in this document should be read in conjunction with the Company's Annual Report on Form 10-K, Quarterly Reports on Form 10-Q, Current Reports on Form 8-K, and other information filed with, or furnished to, the SEC. You can access the Company's reports and amendments to those reports filed or furnished to the SEC pursuant to Section 13(a) or 15(d) of the Exchange Act in the "Investor Relations" section on the Company's website ([www.globalmedicalreit.com](http://www.globalmedicalreit.com)) under "SEC Filings" as soon as reasonably practicable after they are filed with, or furnished to, the SEC. The information on or connected to the Company's website is not, and shall not be deemed to be, a part of, or incorporated into, this Earnings Supplemental. You also can review these SEC filings and other information by accessing the SEC's website at <http://www.sec.gov>.

Certain information contained in this package, including, but not limited to, information contained in our Top 10 tenant profiles is derived from publicly-available third-party sources. The Company has not independently verified this information and there can be no assurance that such information is accurate or complete.

## GLOBAL MEDICAL REIT INC. BOARD DECLARES 2025 SECOND QUARTER COMMON AND PREFERRED DIVIDENDS

May 28, 2025 4:05pm EST

BETHESDA, Md.--(BUSINESS WIRE)-- **Global Medical REIT Inc. (NYSE: GMRE)** (the “Company” or “GMRE”), a net-lease medical real estate investment trust (REIT) that acquires healthcare facilities and leases those facilities to physician groups and regional and national healthcare systems, announced today that its Board of Directors (“Board”) has declared the Company’s 2025 second quarter common and preferred dividends.

### Common Dividend

The Board has declared the Company’s 2025 second quarter cash dividend of \$0.15 per share of common stock and unit, which is payable on July 9, 2025 to common stockholders and unitholders of record as of June 20, 2025.

The Company has prepared an updated investor presentation which contains certain information about the dividend that is available at [www.globalmedicalreit.com](http://www.globalmedicalreit.com) on the “Investor Relations” page.

### Series A Preferred Dividend

The Board has also declared a quarterly cash dividend of \$0.46875 per share on its Series A Cumulative Redeemable Preferred Stock, \$0.001 par value per share (the “Series A Preferred Stock”), which is payable on July 31, 2025, to Series A Preferred stockholders of record as of July 15, 2025. This represents the Company’s quarterly dividend on its Series A Preferred Stock for the period from April 30, 2025 through July 30, 2025.

### About Global Medical REIT Inc.

Global Medical REIT Inc. is a net-lease medical REIT that acquires healthcare facilities and leases those facilities to physician groups and regional and national healthcare systems. Additional information on GMRE can be obtained on its website at [www.globalmedicalreit.com](http://www.globalmedicalreit.com).

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### Forward-Looking Statements

Certain statements contained herein may be considered “forward-looking statements” within the meaning of the Private Securities Litigation Reform Act of 1995, and it is the Company’s intent that any such statements be protected by the safe harbor created thereby. These forward-looking statements are identified by their use of terms and phrases such as “anticipate,” “believe,” “could,” “estimate,” “expect,” “intend,” “may,” “should,” “plan,” “predict,” “project,” “will,” “continue” and other similar terms and phrases, including references to assumptions and forecasts of future results. Forward-looking statements are based on our current expectations, estimates and assumptions and are subject to certain risks and uncertainties. Although the Company believes that the expectations, estimates and assumptions reflected in its forward-looking statements are reasonable, actual results could differ materially from those projected or assumed in any of the Company’s forward-looking statements. Additional information concerning us and our business, including additional factors that could materially and adversely affect our financial results, include, without limitation, the risks described under Part I, Item 1A - Risk Factors, in our Annual Report on Form 10-K, our Quarterly Reports on Form 10-Q, and in our other filings with the SEC. You are cautioned not to place undue reliance on forward-looking statements. The Company does not intend, and undertakes no obligation, to update any forward-looking statement.

View source version on businesswire.com:

**Investors:**  
Stephen Swett

[Stephen.swett@icrinc.com](mailto:Stephen.swett@icrinc.com)

(203) 682-8377

Source: Global Medical REIT Inc.

*Released May 28, 2025*

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