FORM 4

Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden 0.5 hours per response ..

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)										
1. Name and Address of Reporting Person Cole Henry	2. Issuer Name and Ticker or Trading Symbol Global Medical REIT Inc. [GMRE]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner			
(Last) (First) 2 BETHESDA METRO CENTER	3. Date of Earliest Transaction (Month/Day/Year) 09/02/2020					Officer (give title below)O	ther (specify be	ow)		
(Street) BETHESDA, MD 20814	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)	(Zip) Table I - Non-Derivative Securities Acc					s Acqu	ired, Disposed of, or Beneficially Ov	vned	
1.Title of Security	2. Transaction	2A. Deemed	3. Transact	tion	4. Securi	ties Acq	uired	5. Amount of Securities Beneficially	6.	7. Nature
nstr. 3) Date		Execution Date, if	ion Date, if Code		(A) or Disposed of (D)		of (D)	Owned Following Reported	Ownership	of Indirect
	(Month/Day/Year				(Instr. 3, 4 and 5)			Transaction(s)	Form:	Beneficial
		(Month/Day/Year)				(A) or		(Instr. 3 and 4)	Direct (D) or Indirect (I)	Ownership (Instr. 4)
			Code	V	Amount		Price		(Instr. 4)	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative	2. Conversion		3A. Deemed Execution Date, if	4. Transact	tion		ber	6. Date Exer and Expirati		7. Title and of Underlyin		8. Price of Derivative		10. Ownership	11. Nature of Indirect
		(Month/Day/Year)	· · · ·	Code			(Month/Day/Year)		20			Securities		Beneficial	
	Price of		(Month/Day/Year)	(Instr. 8))	Securities		(Instr. 3 and 4) (Instr. 5)		(Instr. 5)	Beneficially	Derivative	Ownership		
	Derivative Security					Acquire (A) or Dispose of (D) (Instr. 3 and 5)	ed						Reported Transaction(s)	Direct (D) or Indirect	(Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
LTIP Unit <mark>(1)</mark>	<u>(2)</u>	09/02/2020		А		3,116 <u>(3)</u>		<u>(2)</u>	<u>(2)</u>	Common Stock	3,116	\$ 0	16,246	D	

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Cole Henry 2 BETHESDA METRO CENTER, SUITE 440 BETHESDA, MD 20814	Х						

Signatures

/s/ Henry Cole	09/03/2020
**Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Represents units of limited partnership ("LTIP Units") in Global Medical REIT L.P. (the "OP"), the operating partnership of the Issuer.

(2) As described in the OP's partnership agreement, vested LTIP Units may be exchanged at any time after vesting for cash or, at the option of the Issuer, for shares of the Issuer's common stock on a one-for-one basis. LTIP Units have no expiration date.

(3) LTIP Units vest on September 2, 2021, subject to the Reporting Person's continued service as a director until such date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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