## FORM 4

(Print or Type Pesnenses)

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL					
OMB Number:	3235-0287				
Estimated average	e burden				
hours per respons	0.5				

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Barber Jamie Allen			2. Issuer Name and Ticker or Trading Symbol Global Medical REIT Inc. [GMRE]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner					
(Last) (First) (Middle) 2 BETHESDA METRO CENTER, SUITE 440				3. Date of Earliest Transaction (Month/Day/Year) 03/04/2022						X Officer (give title below) Other (specify below) General Counsel & Secretary					
(Street) BETHESDA, MD 20814				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line)  _X_Form filed by One Reporting PersonForm filed by More than One Reporting Person				
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqu					es Acquire	lired, Disposed of, or Beneficially Owned					
1.Title of S (Instr. 3)				2A. Deemed Execution Date, if		Year) Co	Code Instr. 8)		or Disposed of (D) str. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		ed	Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
															1474 (9-02)
								containe form dis	who respond in this for plays a cure of, or Beneral vertible secu	rm are not rently vali- neficially O	required d OMB co	to respon	d unless th		. 1, 1 (5 62)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if	4. Transac Code	, cal	5. Numb	er ative ss l (A) sed	containe form dis ired, Dispos options, con 6. Date Exe and Expirat (Month/Da	d in this for plays a cure ed of, or Benevertible secuercisable tion Date	rm are not rently vali- neficially O	required d OMB co wned	to respond ontrol num	d unless th	of 10. Ownersh Form of Derivativ Security: Direct (C or Indirec	11. Naturi ip of Indired Beneficia Ve Ownersh (Instr. 4)
Derivative Security	Conversion or Exercise Price of Derivative	Date	3A. Deemed Execution Date, if any	4. Transac Code	, cal	5. Numb of Deriva Securitie Acquired or Dispo of (D) (Instr. 3,	er ative ss l (A) sed	containe form dis ired, Dispos options, con 6. Date Exe and Expirat (Month/Da	d in this fo plays a cur ed of, or Ber vertible securcisable tion Date y/Year)	rm are not rently validated the reficially Ourities)  7. Title and of Underly Securities	required d OMB co wned	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported	of 10. Ownersh Form of Derivativ Security: Direct (C or Indirec	11. Natur of Indired Beneficia Ownersh (Instr. 4)

### **Reporting Owners**

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Barber Jamie Allen 2 BETHESDA METRO CENTER, SUITE 440 BETHESDA, MD 20814			General Counsel & Secretary			

#### **Signatures**

/s/ Jamie Barber	03/04/2022
**Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- The Issuer's Board of Directors determined on February 24, 2022 that 50% of the LTIP Units vested and became nonforfeitable on March 4, 2022 as a result of meeting certain market-based criteria as of March 4, 2022 and 50% of the LTIP Units will vest on March 4, 2023, pursuant to the grant award agreement stipulations. The LTIP Units were awarded pursuant to an LTIP Unit vesting agreement, the form of which was filed as Exhibit 99.3 to the Issuer's Current Report on Form 8-K filed on March 7, 2019. The LTIP Units were issued pursuant to the Issuer's 2016 Equity Incentive Plan (as amended from time to time) and have no expiration date.
- (2) As described in the OP's partnership agreement, vested LTIP Units that have achieved capital account parity may be exchanged at any time after vesting for cash or, at the election of the Issuer, for shares of Common Stock on a one-for-one basis. LTIP Units have no expiration date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.