FORM	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)								r			
1. Name and Address of Reporting Person Cypher Matthew	2. Issuer Name an Global Medical			0,	ol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) 2 BETHESDA METRO CENTER	3. Date of Earliest Transaction (Month/Day/Year) 05/11/2022						Officer (give title below) 0	ther (specify be	ow)		
(Street) BETHESDA, MD 20814		4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)	Т	able I - No	n-Dei	rivative S	ecuritie	ired, Disposed of, or Beneficially Ov	vned			
1.Title of Security (Instr. 3)	5			tion	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			0 1	Ownership Form: Of Indire Benefic	Beneficial	
		(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	(e.g., puts, calls, warrants, options, convertible securities)														
Security	Conversion	Date (Month/Day/Year)	3A. Deemed Execution Date, if	4. Transact Code	ion	5. Num	ber ive ies ed ed	6. Date Exercisable and Expiration Date		cisable 7. Title and Amount on Date of Underlying (Year) Securities		Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s)	Derivative Security: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	,	(D)	Exercisable	Expiration Date	Title	Amount or Number of Shares				
LTIP Unit (Right to Buy) (1)	<u>(2)</u>	05/11/2022		А		5,321		(2)	(2)	Common Stock	5,321	\$ 0	25,789	D	

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Cypher Matthew 2 BETHESDA METRO CENTER, SUITE 440 BETHESDA, MD 20814	Х							

Signatures

/s/ Jamie Barber, as Attorney-in-Fact	05/24/2022
***Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Represents units of limited partnership interest ("LTIP Units") in Global Medical REIT L.P. (the "OP"), the operating partnership of the Issuer. All of the LTIP Units vest on May (1) 11, 2023, subject to the Reporting Person's continued service as a director on such date. The LTIP Units were awarded pursuant to an LTIP Unit vesting agreement. The LTIP Units were issued pursuant to the Issuer's 2016 Equity Incentive Plan (as amended from time to time) and have no expiration date.

(2) As described in the OP's partnership agreement, vested LTIP Units that have achieved capital account parity may be exchanged at any time after vesting for cash or, at the election of the Issuer, for shares of Common Stock on a one-for-one basis. LTIP Units have no expiration date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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