FORM	4
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)											
1. Name and Address of I HARRINGTON KU	2. Issuer Name an Global Medical			0,0	ol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_Director10% Owner					
(Last) 2529 VIRGINIA BE BOULEVARD, SUI			3. Date of Earliest Transaction (Month/Day/Year) 07/01/2016						Officer (give title below)O	ther (specify be	low)
VIRGINIA BEACH		4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting PersonForm filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	Execution Date, if	3. Transac Code (Instr. 8)	tion	*		of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	Ownership	7. Nature of Indirect Beneficial
			(Month/Day/Year)	Code	V	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	(<i>e.g.</i> , puts, calls, warrants, options, convertible securities)														
1. Title of			3A. Deemed	4.			ber	6. Date Exer		7. Title and			9. Number of		11. Nature
	Conversion		Execution Date, if		ion					20		Derivative		Ownership	
Security	or Exercise	(Month/Day/Year)	any	Code		Derivative (Month/Day/Year) S		Securities S		Security	Securities	Form of	Beneficial		
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8))	Securiti	ies	s		(Instr. 3 and 4) (Inst		(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative					Acquire	ed						Owned	Security:	(Instr. 4)
	Security					(A) or							Following	Direct (D)	
	-					Dispose	ed						Reported	or Indirect	
						of (D)							Transaction(s)	(I)	
						(Instr. 3	3.4.						· · ·	(Instr. 4)	
						and 5)	, ,							()	
											Amount				
											or				
									Expiration	Title	Number				
								Exercisable	Date	The	of				
				Code	v	(A)	(D)				Shares				
				Coue	v	(A)	(D)				Shares				
LTIP						2,750				Common					
Unit (1)	(2)	07/01/2016		A		<u>(3)</u>		<u>(2)</u>	<u>(2)</u>	Stock	2,750	\$ 0	2,750	D	
Unit <u>un</u>						(3)				Stock					

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
HARRINGTON KURT R 2529 VIRGINIA BEACH BOULEVARD SUITE 200 VIRGINIA BEACH, VA 23534	Х						

Signatures

Kurt R. Harrington	07/06/2016
**Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (2) As described in the OP's partnership agreement, Vested LTIP Units may be exchanged at any time after vesting for cash or, at the election of the Issuer, for shares of Common Stock on a one-for-one basis. LTIP Units have no expiration date.
- (3) LTIP Units vest on the earlier to occur of July 1, 2017 and the date of the Issuer's 2017 annual meeting of shareholders, provided that the Reporting Person is re-elected as a director of the Issuer at such meeting.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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⁽¹⁾ Represents units of limited partnership interest ("LTIP Units") in Global Medical REIT L.P. (the "OP"), the operating partnership of the Issuer.